

SPRING FASHION PREVIEW

# DENVER LIFE

March/April 2008

CULTURE | ADVENTURE | STYLE

## Alternative Answers

EXPERT ADVICE  
ABOUT HOLISTIC  
HEALTH CARE

COLORADO'S  
TOP

# 20 SPAS



### PLUS:

Manic Organic:  
Everything Goes Green!  
Best Bets for Local Brews  
Create a Spa Oasis at Home

**Departures**  
*Mexico's Secret  
Hideaway*



## Get Glowing

Ladies, want gleaming skin this spring? Check out DUWOP'S DOUBLEGLOW7, a luminous face balm that gives instant radiance and clarity to the skin whether worn under, over or in place of foundation. Doubleglow7 contains seven essential skin-nourishing ingredients to keep skin glowing. Worn under makeup, Doubleglow7 acts as a primer, and worn over makeup it gives the skin that "oomph" that you might get after a day at the spa or an extra three hours of sleep. \$25.

AVAILABLE AT [duwop.com](http://duwop.com)  
AND [sephora.com](http://sephora.com)

## Fitness with Finesse

Fitness devotees have something new to rave about. PURA VIDA, a new upscale fitness club has landed in Denver, and in keeping with the chic vibe of its location in the affluent Cherry Creek North neighborhood, the sophisticated new 30,000-square-foot facility, which opened its doors in January, is an exclusive adults-only health club and spa. Members enjoy group exercise classes, climate-controlled yoga, Pilates and Kinesis along with a vast selection of state-of-the-art cardio and strength training equipment. Additionally, the club offers personal training; nutrition services and weight management programs; stress and life management programs and services; and a complete spa experience at its in-house, full-service, resort-style day spa—Nectar, which is open to non-members as well.

CHECK IT OUT AT  
[puravidafitnessandspa.com](http://puravidafitnessandspa.com)



## TOP OF THE LIST

*Frommer's*, one of the world's largest and most-respected travel guide publishers recently announced its Top Destinations for 2008. Each year, members of *Frommer's* editorial staff select those places around the world that are worthy of a traveler's attention. Each destination is selected for what it has to offer—big city fun, rural relaxation, the opportunity to test your mental and physical spirit or simply the fact that it deserves a little attention. Out of a list of 13 top destinations around the world, guess what city topped the list at number one? That's right, our very own Mile High City! In the article, which was published in December 2007, our city received accolades for its cul-

tural growth with an emphasis on the Denver Art Museum, the Museum of Contemporary Art and the Opera House in the Denver Center for Performing Arts. Additionally the article highlighted Denver as the host of the annual Great American Beer Festival, the site of the 2008 Democratic National Convention and also mentioned the city's increase in hotel development along with the fact that Denver is one of the sunniest cities in the U.S. as well as a destination with easy access to numerous outdoor activities, "including 650 miles of urban bike paths and the nearby Rocky Mountains for seasonal hiking and top-caliber winter sports."

## A New Home



Residents of Englewood and Greenwood Village who've longed for more options in home décor retailers have something new to celebrate. High-end home décor retailer HW HOME opened its fourth location this past November at Greenwood Village's new luxury Landmark Village. Featuring new designs by Thomas O'Brien for Hickory Chair, luxurious contemporary bedding by Dwell Studio, Fine Art photography from renowned artists from the U.K., new fine art glass from Italian designer Carlo Moretti, an exciting new decorative pillow collection by Bliss, a dynamic new lighting collection by Shine, a new collection of Asian Modern decorative accessories and antiques and much more. The new location is at The Landmark, Greenwood Village 303.779.9500; [hwhome.com](http://hwhome.com)

ADDITIONAL STORE LOCATIONS: PEARL STREET, BOULDER 303.545.0320; FLATIRON CROSSING, BROOMFIELD 720.887.1223 AND CHERRY CREEK NORTH, DENVER 303.394.9222