

KABBALAH HEBREW NECKLACE

ALEF | SILENT



Pronunciation: ah-lef

Numerical value: 1

Primary meaning: learning

Secondary meanings: thousand, master

Essence: wisdom and breath

Spatial continuum: air

Time continuum: equinox

Soul continuum: the chest

Sephirot: pathway between Kindness (Chesed) and Power (Gevurah)

Verse from Torah: I am the Lord your God.

Grammatical usage: prefix of 'I will'

Form: two Yuds and a Vav, two hands connecting

Sefer Yetzira (Book of Creation)

The shape of the Alef consists of a higher Yud, a lower Yud, and a Vav that connects the two. The higher Yud represents spirituality and the lower Yud represents physicality. The connecting Vav is symbolic of the will to connect to the Creator, and is the balance between the spiritual and the physical. The numerical value of Yud is 10 and the value of Vav is 6. The three aspects of the Alef, therefore, is 26, the numerical value of God's Four Letter Name.

Someone whose name starts with the letter Alef tends to have a very dominant character. They are anchored, decisive, spiritual, broad-minded, altruistic, courageous and an initiator of projects.

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The 22 Hebrew letters that form the Alef-Bet are the instruments of creation, as it is taught in the Kabbalistic text, the Zohar, "God looked into His Torah and began to create the world," using the letters of His Torah as the blueprint of creation. The Alef-Bet is also known as Lashon HaKodesh (The Holy Tongue or Language). The Hebrew language is unlike any other in that every aspect of the letter holds a particular importance. The letters are also called paths of Wisdom because through these letters, every person can develop his or her own way of understanding. This can be better understood through the teaching of the 32 Paths of Wisdom. One develops their own path through an understanding based on meditation of the letters. Within Jewish and Kabbalistic Meditation History, there is continuously proposed the tremendous significance in contemplation of the Hebrew letters. There are many ways of meditating on the letters. Generally, one begins by meditating on a simple detail, such as the shape or pronunciation of a letter. The letter chosen is one that relates essentially to the person, such as the first letter of his or her name (since the first letter is the primary power of each name) or a letter that relates to a key attribute of the person.

				
Alef Silent	Beit B/V	Gimel G	Dalet D	Hei H
				
Vav V/O/U	Zayin Z	Cheit Ch	Teit T	Yud Y
				
Kaf K/Kh	Lamed L	Mem M	Nun N	Samekh S
				
Ayin Silent	Pei P/F	Tzadek Tz	Qof Q	Reish R
				
Shin Sh/S	Tav T/S			



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