

# KABBALAH HEBREW NECKLACE

LAMED | L



Pronunciation: Lah-med

Numerical value: 30

Primary meaning: Flying tower

Secondary meanings: Ox goad, learning, practical intelligence, direction, teaching

Essence: Unification

Astrological continuum: Libra

Time continuum: The Hebrew month of Tishrei

Soul continuum: Gallbladder

Sephirot: Path between Splendor (Hod) and Foundation (Yesod)

Verse from Torah: God created great sea-monsters

Grammatical usage: 'To' as a prefix; also as a prefix, lamed makes a word into a verb

Form: Chaf and Vav

Sefer Yetzira (Book of Creation)

The essence of Lamed is to learn and to teach which can be seen in its form. The letter is made of a Chaf and a Vav. Vav is the connection of the teacher to the receiving student, the vessel, Chaf. It can also be seen as a hook and a pan, the image of balanced scales, the symbol of Libra.

The letter Lamed symbolizes a love for learning (limud, in Hebrew). They are open to receive and accept logic. They know how to relate to people from a higher place and live harmoniously in different situations. They are able to see the grand scheme and therefore have great leadership and managerial skills.

**Hw**  
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The 22 Hebrew letters that form the Alef-Bet are the instruments of creation, as it is taught in the Kabbalistic text, the Zohar, "God looked into His Torah and began to create the world," using the letters of His Torah as the blueprint of creation. The Alef-Bet is also known as Lashon HaKodesh (The Holy Tongue or Language). The Hebrew language is unlike any other in that every aspect of the letter holds a particular importance. The letters are also called paths of Wisdom because through these letters, every person can develop his or her own way of understanding. This can be better understood through the teaching of the 32 Paths of Wisdom. One develops their own path through an understanding based on meditation of the letters. Within Jewish and Kabbalistic Meditation History, there is continuously proposed the tremendous significance in contemplation of the Hebrew letters. There are many ways of meditating on the letters. Generally, one begins by meditating on a simple detail, such as the shape or pronunciation of a letter. The letter chosen is one that relates essentially to the person, such as the first letter of his or her name (since the first letter is the primary power of each name) or a letter that relates to a key attribute of the person.

				
Alef   Silent	Beit   B/V	Gimel   G	Dalet   D	Hei   H
				
Vav   V/O/U	Zayin   Z	Cheit   Ch	Teit   T	Yud   Y
				
Kaf   K/Kh	Lamed   L	Mem   M	Nun   N	Samekh   S
				
Ayin   Silent	Pei   P/F	Tzadek   Tz	Qof   Q	Reish   R
				
Shin   Sh/S	Tav   T/S			



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