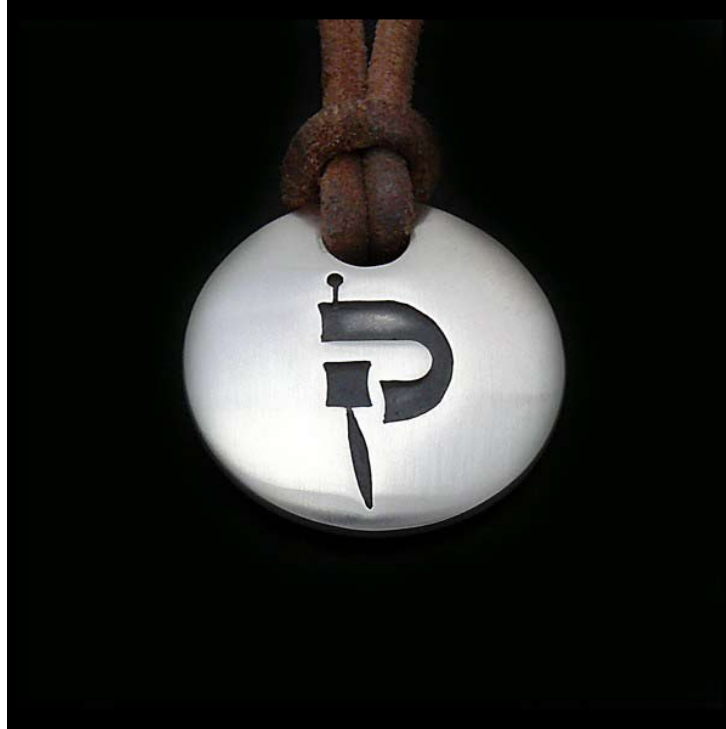


KABBALAH HEBREW NECKLACE

QOF | Q



Pronunciation: Koof

Numerical value: 100

Primary meaning: Monkey

Secondary meanings: Cycle, encircle, back of the head

Essence: Laughter

Astrological continuum: Pisces

Time continuum: The Hebrew month of Adar

Soul continuum: Spleen

Sephirot: Path between Understanding (Binah) and Kindness (Chesed)

Verse from Torah: God said: Behold, I have you every seed-bearing plant on earth.

Form: A letter Reish and a letter Zayin.

Sefer Yetzira (Book of Creation)

The Koof is symbolic of humbling oneself in the realization that the only imperative existence is God, and one's life is entirely dependant on God's mercy. The Koof represents the elevation of the fallen sparks primarily through eating. The Zayin aspect of the letter Koof descends below the line to elevate the fallen sparks.

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KABBALAH HEBREW NECKLACES

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The 22 Hebrew letters that form the Alef-Bet are the instruments of creation, as it is taught in the Kabbalistic text, the Zohar, "God looked into His Torah and began to create the world," using the letters of His Torah as the blueprint of creation. The Alef-Bet is also known as Lashon HaKodesh (The Holy Tongue or Language). The Hebrew language is unlike any other in that every aspect of the letter holds a particular importance. The letters are also called paths of Wisdom because through these letters, every person can develop his or her own way of understanding. This can be better understood through the teaching of the 32 Paths of Wisdom. One develops their own path through an understanding based on meditation of the letters. Within Jewish and Kabbalistic Meditation History, there is continuously proposed the tremendous significance in contemplation of the Hebrew letters. There are many ways of meditating on the letters. Generally, one begins by meditating on a simple detail, such as the shape or pronunciation of a letter. The letter chosen is one that relates essentially to the person, such as the first letter of his or her name (since the first letter is the primary power of each name) or a letter that relates to a key attribute of the person.

				
Alef Silent	Beit B/V	Gimel G	Dalet D	Hei H
				
Vav V/O/U	Zayin Z	Cheit Ch	Teit T	Yud Y
				
Kaf K/Kh	Lamed L	Mem M	Nun N	Samekh S
				
Ayin Silent	Pei P/F	Tzadek Tz	Qof Q	Reish R
				
Shin Sh/S	Tav T/S			



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