

KABBALAH HEBREW NECKLACE

VAV | V/O/U



Pronunciation: Vav (like throbb)

Numerical value: 6

Primary meaning: Hook

Essence: Thought

Astrological continuum: Taurus, the bull

Time continuum: the month of Iyar

Soul continuum: the right kidney

Sephirot: The path between Crown (Keter) and Understanding (Binah)

Verse from Torah: God separated the light from the darkness.

Grammatical usage: As a prefix, it means 'and,' and as a suffix it is masculine possessive.

Form: A vertical line representing an upright man.

Sefer Yetzira (Book of Creation)

Just as the Vav grammatically is the conjunction word 'and,' so too it means 'hook,' an object which connects. Vav has the ability to bring two concepts together because Vav relates to thought. By purifying one's thoughts, one will purify his or her heart and body. The Vav in God's Four Letter Name symbolizes the Torah which brings down the transcendent concealed Light of God into the state of revelation.

The letter Vav symbolizes someone who is of steady, confident and true character. They are balanced, sociable and hospitable, yet are drawn towards comfort and desire. At a mature age, spirituality becomes a greater quest in life.

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The 22 Hebrew letters that form the Alef-Bet are the instruments of creation, as it is taught in the Kabbalistic text, the Zohar, "God looked into His Torah and began to create the world," using the letters of His Torah as the blueprint of creation. The Alef-Bet is also known as Lashon HaKodesh (The Holy Tongue or Language). The Hebrew language is unlike any other in that every aspect of the letter holds a particular importance. The letters are also called paths of Wisdom because through these letters, every person can develop his or her own way of understanding. This can be better understood through the teaching of the 32 Paths of Wisdom. One develops their own path through an understanding based on meditation of the letters. Within Jewish and Kabbalistic Meditation History, there is continuously proposed the tremendous significance in contemplation of the Hebrew letters. There are many ways of meditating on the letters. Generally, one begins by meditating on a simple detail, such as the shape or pronunciation of a letter. The letter chosen is one that relates essentially to the person, such as the first letter of his or her name (since the first letter is the primary power of each name) or a letter that relates to a key attribute of the person.

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|---|---|---|---|---|
|  |  |  |  |  |
| Alef Silent | Beit B/V | Gimel G | Dalet D | Hei H |
|  |  |  |  |  |
| Vav V/O/U | Zayin Z | Cheit Ch | Teit T | Yud Y |
|  |  |  |  |  |
| Kaf K/Kh | Lamed L | Mem M | Nun N | Samekh S |
|  |  |  |  |  |
| Ayin Silent | Pei P/F | Tzadek Tz | Qof Q | Reish R |
|  |  | | | |
| Shin Sh/S | Tav T/S | | | |



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