

KABBALAH HEBREW NECKLACE

YUD | Y



Pronunciation: Yood
Numerical value: 10
Primary meaning: Hand
Secondary meanings: Trust, giving thanks.
Essence: Action
Astrological continuum: Virgo
Time continuum: The Hebrew month of Elul
Soul continuum: The left hand
Sefirot: Path between Harmony (Tiferet) and Victory (Netzach)
Verse from Torah: God placed them [the Sun and the Moon] in the firmament.
Grammatical usage: 'He will' as a prefix; singular possessive as a suffix
Form: The seminal point from where all existence begins.
Sefer Yetzira (Book of Creation)

Yud is the letter of completion. 10, its value, is the number of conclusion. Yud also has a purpose in the process of teshuva, repentance or return. Yud is 10, 1 and 0; 1 is representative of the ego – I am – while 0 is representative of nullification – one is nothing in the presence of God. During Elul, the month before Yom Kippur when a special effort is made in returning to God, one considers everything that was done in the previous year and resolves to serve God for the sake of heaven and not for oneself. Yud in form is a point symbolic of the flash of inspiration that must be drawn to the hands in action to make a physical connection.

The letter Yud symbolizes wisdom and healthy logic. Critical, ambitious, and with soft facial expressions, they are faithful workers, trustworthy, self-effacing and humble. They can be extreme in their relationships, either very dependant or disassociated. They are usually intuitive, decisive and know how to delve to the heart of the matter.



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The 22 Hebrew letters that form the Alef-Bet are the instruments of creation, as it is taught in the Kabbalistic text, the Zohar, "God looked into His Torah and began to create the world," using the letters of His Torah as the blueprint of creation. The Alef-Bet is also known as Lashon HaKodesh (The Holy Tongue or Language). The Hebrew language is unlike any other in that every aspect of the letter holds a particular importance. The letters are also called paths of Wisdom because through these letters, every person can develop his or her own way of understanding. This can be better understood through the teaching of the 32 Paths of Wisdom. One develops their own path through an understanding based on meditation of the letters. Within Jewish and Kabbalistic Meditation History, there is continuously proposed the tremendous significance in contemplation of the Hebrew letters. There are many ways of meditating on the letters. Generally, one begins by meditating on a simple detail, such as the shape or pronunciation of a letter. The letter chosen is one that relates essentially to the person, such as the first letter of his or her name (since the first letter is the primary power of each name) or a letter that relates to a key attribute of the person.

				
Alef Silent	Beit B/V	Gimel G	Dalet D	Hei H
				
Vav V/O/U	Zayin Z	Cheit Ch	Teit T	Yud Y
				
Kaf K/Kh	Lamed L	Mem M	Nun N	Samekh S
				
Ayin Silent	Pei P/F	Tzadek Tz	Qof Q	Reish R
				
Shin Sh/S	Tav T/S			



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